



HELLENIC SOCIETY
OF GASTROINTESTINAL ONCOLOGY



JOHANNES GUTENBERG
UNIVERSITÄT MAINZ
UNIVERSITY OF MAINZ,
I. DEPARTMENT OF INTERNAL MEDICINE,
JOHANNES-GUTENBERG, GERMANY

UNDER THE AUSPICES OF



THE HELLENIC SOCIETY
OF GASTROENTEROLOGY



HELLENIC
SOCIETY OF
MEDICAL
ONCOLOGY

A EUROPEAN SOCIETY OF DIGESTIVE
ONCOLOGY SUPPORTED MEETING



esdo

COLORECTAL CANCER

Progress and Prospects

On the occasion
of the 20th Anniversary
of the Hellenic Society
of Gastrointestinal
Oncology (HSGO)

**Saturday 19 & Sunday 20,
May 2018**

Hotel Royal Olympic, ATHENS

CONGRESS SECRETARIAT



15, Mesogeion Avenue, 115 26, Athens, Greece
Tel: 210 7499300, Fax: 210 7713795, www.triaena.gr



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WELCOME LETTER

Dear Colleagues,

We cordially invite you to participate in the scientific meeting entitled **“Colorectal Cancer: Progress and Prospects”**, which is organized by the Hellenic Society of Gastrointestinal Oncology, and the University of Mainz, I Department of Internal Medicine Johannes-Gutenberg, Germany, under the auspices of the Hellenic Society of Gastroenterology, and the Hellenic Society of Medical Oncology. The congress is labeled by the European Society of Digestive Oncology as a “Supported Meeting”. It will take place in Athens, Hotel Royal Olympic, on Saturday 19 and Sunday 20, May 2018.

The aim of the congress is to discuss the latest developments concerning the aetiopathogenesis, diagnosis, and therapeutic modalities applied in this probably most important malignant disorder of the digestive system. The Organizing and Scientific Committees are proud to emphasize that world-known experts from Germany, Japan and Switzerland, are participating in the scientific program along with a number of very well known Greek experts, thus making it a very promising and of high standards scientific meeting.

The sessions of the first day are devoted to the epidemiology, pathogenesis, diagnosis and treatment of the disease. Three round-table discussions as well as five state-of-the-art lectures covering a variety of hot topics will be included.

The sessions of the second day regarding the supporting role of the Patients’ Societies and their relatives, the role of specialized nurses in the care of patients, the role of diet in colorectal cancer pathogenesis and in improving the general situation of the emaciated patients, are of great importance for doctors dealing with the care of this malignancy. Finally, we expect that the involvement and active participation of medical students in the scientific program with a workshop dealing with the introduction of medical students in the world of digestive oncology, will positively influence their future scientific attitude concerning the digestive malignancies.

Dear Colleagues,

We believe that continuous learning is a mutual life-time process. In this regard we expect the exchange of knowledge between the speakers and the audience to become extremely useful for both parts, thus making the diagnosis and treatment of colorectal cancer more effective and up-to-date.

On behalf of the Organizing and Scientific Committees

H.S.G.O.
Triantafillidis J.K.

University of Mainz
Moehler M.

H.S.M.O.
Boukovinas I.

SATURDAY, May 19 2018

08.00-09.00 Registration

09.00-09.30 **State-of-the-art Lecture (1)**

Descriptive epidemiology of colorectal cancer: The size of the problem and the significance of preventive strategies

Chairperson: E. Merikas

Speaker: J.K. Triantafillidis

09.30-11.00 **Round table (1)**

Progress in the etiopathogenesis of colorectal cancer

Chairpersons: Dimitroulopoulos D. - Kalantzis Ch.

09.30-09.50 Metabiotics: Their protective role in the pathogenesis of colorectal cancer

M. Kyriakou

09.50-10.10 Molecular pathological classification of CRC

K. Barbatis

10.10-10.30 Molecular mechanisms of colorectal carcinogenesis

A. Kotsinas

10.30-10.50 The role of *Helicobacter pylori* infection in colorectal carcinogenesis

V. Papageorgiou

10.50-11.00 Discussion

11.00-11.30 *Coffee break*

11.30-12.00 **Opening ceremony**

Moderator: Prof. A. Papalois, Secretary HSGO

Welcome speeches

Prof. A. Papalois, "H.S.G.O.: 20 years of research and education devoted to digestive oncology"

I. Boukovinas, President of He.S.M.O.

D. Tampakopoulos, President of H.S.G.

J. Triantafillidis, President of H.S.G.O.

Prof. Dr M. Moehler, University of Mainz:

Welcoming speech and opening address of the congress

SATURDAY, May 19 2018

12.00 -14.00 Round table (2)

Achievements in the screening and diagnosis of colorectal cancer

Chairpersons: N. Tsavaris - S. Georgopoulos

12.00-12.20 MRI colonography in the screening and diagnosis of CRC: state of the art 2018

Tzovara I.

12.20-12.40 Colonoscopy in CRC screening

Markoutsaki Th.

12.40-13.00 Stool DNA test and FOB test in the screening and diagnosis of CRC

Panteris V.

13.00-13.20 The challenging role of general practitioner in the screening and diagnosis of CRC

Lionis Ch.

13.20-13.40 Pitfalls in the diagnosis of CRC

Rokkas Th.

13.40-14.00 Discussion

14.00-15.00 *Lunch*

15.00-15.30 State-of-the-art Lecture (2)

Advanced endoscopic detection of malignant and premalignant colorectal lesions

Sponsored by: ΕΝΔΟΣΚΟΠΙΚΗ FUGI

Chairperson: G. Anagnostopoulos

Speaker: R. Kiesslich

15.30-16.00 State-of-the-art Lecture (3)

Endoscopic Submucosal Dissection of malignant colorectal lesions in 2018

Sponsored by ELPEN

Chairperson: A. Papalois

Speaker: H. Kashida

SATURDAY, May 19 2018

16.00-16.30 State-of-the-art Lecture (4)

Genoms and Cancer

Chairperson: C. Vagianos

Speaker: D. Thanos

16.30-17.00 State-of-the-art Lecture (5)

Mechanistic view of nutrition: correlation with colorectal cancer

Chairperson: A. Chiou

Speaker: V. Karathanos

17.00-17.30 *Coffee break*

17.30-19.50 Round table (3)

Treatment of CRC: Progress and prospects 2018

Chairpersons: I. Boukovinas - I. Souglakos

17.30-17.50 Biomarkers and personalized therapy for CRC

Th. Thomaidis

17.50-18.10 Immunotherapy and beyond: Future immunotherapeutic strategies in treatment of colorectal cancer

K. Göpfert

18.10-18.30 Preoperative neoadjuvant therapy for colorectal liver metastases

M. Moehler

18.30-18.50 Surgical treatment of liver metastases

H. Stefan

18.50-19.10 Current status of minimally invasive surgery of colon cancer and controversies

Ch. Spyropoulos

19.10-19.30 Radiotherapy for CRC: current standards and future perspectives

E. Maragoudakis

19.30-19.50 The multidisciplinary management of colorectal cancer: present and future

U. Güller

20.30 *Dinner*

SUNDAY, May 20 2018

09.30-10.30 Round table (4)

Nursing care for patients with digestive cancer

Chairpersons: D. Papageorgiou - S. Giova

09.30-09.50 Nursing care of patients operated-on for CRC
D. Tsilimigra

09.50-10.10 Nursing care of patients under chemotherapy and/or radiotherapy for CRC
K. Souliou

10.10-10.30 Stomas care
I. Kalemikerakis

10.30-11.00 Workshop (1)

Supporting patients with CRC: The role of patients' associations (Group of Volunteers against Cancer "AgkaliaZO")

Chairpersons: N. Karvounis - M. Korleti

10.30-10.45 Present situation in Greece: proposals for improvement
O. Haldaiou-Mitrou

10.45-11.00 Psychological support of patients with digestive cancer: The role of relatives and the patients' associations
Kalimeris Sp.

11.00-11.30 *Coffee break*

11.30 -12.00 Workshop (2)

Education and introduction of medical students to digestive oncology

(Scientific Society of Hellenic Medical Students)

Chairpersons: S. Nasikas - Th. Ntetsika

11.30-11.45 Introducing and attracting medical students to the world of digestive oncology
O. Lyros

11.45-12.00 Theoretical education of medical students in digestive oncology: Does it really exist in Greek universities?
A. Theodorou-Kanakari, G. Kalousis, S. Nasikas, Th. Ntetsika, E. Papantoniou, I. Papagiouvanni, A. Petrou

SUNDAY, May 20 2018

12.00-13.00 Round table (5)

Diet and CRC: From pathogenesis to prevention and treatment

Sponsored by: x4nutrition

Chairpersons: D. Salviera - B. Govosdis

12.00-12.30 Diet and prevention of colorectal cancer
K. Xenos

12.30-13.00 Nutritional support of patients with advanced colorectal cancer:
current aspects / guidelines
D. Karagiannis

13.00 End of Congress

