On the occasion of the 20th Anniversary of the Hellenic Society of Gastrointestinal Oncology (HSGO)

Saturday 19 & Sunday 20, May 2018
Hotel Royal Olympic, ATHENS
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Vagianos K.
Xenos K.
Dear Colleagues,

We cordially invite you to participate in the scientific meeting entitled “Colorectal Cancer: Progress and Prospects”, which is organized by the Hellenic Society of Gastrointestinal Oncology, and the University of Mainz, I Department of Internal Medicine Johannes-Gutenberg, Germany, under the auspices of the Hellenic Society of Gastroenterology, and the Hellenic Society of Medical Oncology. The congress is labeled by the European Society of Digestive Oncology as a “Supported Meeting”. It will take place in Athens, Hotel Royal Olympic, on Saturday 19 and Sunday 20, May 2018.

The aim of the congress is to discuss the latest developments concerning the aetiopathogenesis, diagnosis, and therapeutic modalities applied in this probably most important malignant disorder of the digestive system. The Organizing and Scientific Committees are proud to emphasize that world-known experts from Germany, Japan and Switzerland, are participating in the scientific program along with a number of very well known Greek experts, thus making it a very promising and of high standards scientific meeting.

The sessions of the first day are devoted to the epidemiology, pathogenesis, diagnosis and treatment of the disease. Three round-table discussions as well as five state-of-the-art lectures covering a variety of hot topics will be included.

The sessions of the second day regarding the supporting role of the Patients’ Societies and their relatives, the role of specialized nurses in the care of patients, the role of diet in colorectal cancer pathogenesis and in improving the general situation of the emaciated patients, are of great importance for doctors dealing with the care of this malignancy. Finally, we expect that the involvement and active participation of medical students in the scientific program with a workshop dealing with the introduction of medical students in the world of digestive oncology, will positively influence their future scientific attitude concerning the digestive malignancies.

Dear Colleagues,

We believe that continuous learning is a mutual life-time process. In this regard we expect the exchange of knowledge between the speakers and the audience to become extremely useful for both parts, thus making the diagnosis and treatment of colorectal cancer more effective and up-to-date.

On behalf of the Organizing and Scientific Committees

H.S.G.O. Triantafillidis J.K.
University of Mainz Moehler M.
H.S.M.O. Boukovenas I.
SATURDAY, May 19 2018

08.00-09.00  Registration

09.00-09.30  **State-of-the-art Lecture (1)**  
*Descriptive epidemiology of colorectal cancer: The size of the problem and the significance of preventive strategies*  
Chairperson: E. Merikas  
Speaker: J.K. Triantafillidis

09.30-11.00  **Round table (1)**  
*Progress in the etiopathogenesis of colorectal cancer*  
Chairpersons: Dimitroulopoulos D. - Kalantzis Ch.

09.30-09.50  Metabiotics: Their protective role in the pathogenesis of colorectal cancer  
M. Kyriakou

09.50-10.10  Molecular pathological classification of CRC  
K. Barbatis

10.10-10.30  Molecular mechanisms of colorectal carcinogenesis  
A. Kotsinas

10.30-10.50  The role of Helicobacter pylori infection in colorectal carcinogenesis  
V. Papageorgiou

10.50-11.00  Discussion

11.00-11.30  **Coffee break**

11.30-12.00  **Opening ceremony**  
Moderator: Prof. A. Papalois, *Secretary HSGO*

**Welcome speeches**  
Prof. A. Papalois. “H.S.G.O.: 20 years of research and education devoted to digestive oncology”  
I. Boukovinas, *President of He.S.M.O.*  
D. Tampakopoulos, *President of H.S.G.*  
J. Triantafillidis, *President of H.S.G.O.*  
Prof. Dr M. Moehler, *University of Mainz:* Welcoming speech and opening address of the congress
### Saturday, May 19, 2018

<table>
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<tr>
<th>Time</th>
<th>Session</th>
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| 12.00 - 14.00 | Round table (2) <br>Achievements in the screening and diagnosis of colorectal cancer  
Chairpersons: N. Tsavaris - S. Georgopoulos |
| 12.00 - 12.20 | MRI colonography in the screening and diagnosis of CRC: state of the art 2018  
Tzovara I. |
| 12.20 - 12.40 | Colonoscopy in CRC screening  
Markoutsaki Th. |
| 12.40 - 13.00 | Stool DNA test and FOB test in the screening and diagnosis of CRC  
Panteris V. |
| 13.00 - 13.20 | The challenging role of general practitioner in the screening and diagnosis of CRC  
Lionis Ch. |
| 13.20 - 13.40 | Pitfalls in the diagnosis of CRC  
Rokkas Th. |
| 13.40 - 14.00 | Discussion |
| 14.00 - 15.00 | Lunch |
| 15.00 - 15.30 | State-of-the-art Lecture (2) <br>Advanced endoscopic detection of malignant and premalignant colorectal lesions  
Sponsored by: ΕΝΔΟΣΚΟΠΙΚΗ FUGI  
Chairperson: G. Anagnostopoulos  
Speaker: R. Kiesslich |
| 15.30 - 16.00 | State-of-the-art Lecture (3) <br>Endoscopic Submucosal Dissection of malignant colorectal lesions in 2018  
Sponsored by ELPEN  
Chairperson: A. Papalois  
Speaker: H. Kashida |
16.00-16.30  **State-of-the-art Lecture (4)**  
*Genoms and Cancer*  
**Chairperson:** C. Vagianos  
**Speaker:** D. Thanos

16.30-17.00  **State-of-the-art Lecture (5)**  
*Mechanistic view of nutrition: correlation with colorectal cancer*  
**Chairperson:** A. Chiou  
**Speaker:** V. Karathanos

17.00-17.30  **Coffee break**

17.30-19.50  **Round table (3)**  
*Treatment of CRC: Progress and prospects 2018*  
**Chairpersons:** I. Boukouvinas - I. Souglakos

17.30-17.50  Biomarkers and personalized therapy for CRC  
**Th. Thomaidis**

17.50-18.10  Immunotherapy and beyond: Future immunotherapeutic strategies in treatment of colorectal cancer  
**K. Göpfert**

18.10-18.30  Preoperative neoadjuvant therapy for colorectal liver metastases  
**M. Moehler**

18.30-18.50  Surgical treatment of liver metastases  
**H. Stefan**

18.50-19.10  Current status of minimally invasive surgery of colon cancer and controversies  
**Ch. Spyropoulos**

**E. Maragoudakis**

19.30-19.50  The multidisciplinary management of colorectal cancer: present and future  
**U. Güller**

20.30  **Dinner**
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<td>09.30-10.30</td>
<td>Round table (4)</td>
<td>Nursing care for patients with digestive cancer</td>
<td>D. Papageorgiou - S. Giova</td>
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<tr>
<td>09.30-09.50</td>
<td>Nursing care of patients operated-on for CRC</td>
<td>D. Tsilimigra</td>
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<tr>
<td>09.50-10.10</td>
<td>Nursing care of patients under chemotherapy and/or radiotherapy for CRC</td>
<td>K. Souliou</td>
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<td>10.10-10.30</td>
<td>Stomas care</td>
<td>I. Kalemikerakis</td>
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<td>10.30-11.00</td>
<td>Workshop (1)</td>
<td>Supporting patients with CRC: The role of patients’ associations</td>
<td>N. Karvounis - M. Korleti</td>
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<td>10.30-10.45</td>
<td>Present situation in Greece: proposals for improvement</td>
<td>O. Haldaiou-Mitrou</td>
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<td>10.45-11.00</td>
<td>Psychological support of patients with digestive cancer: The role of relatives and the patients’ associations</td>
<td>Kalimeris Sp.</td>
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<td>11.00-11.30</td>
<td>Coffee break</td>
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<td>11.30 -12.00</td>
<td>Workshop (2)</td>
<td>Education and introduction of medical students to digestive oncology</td>
<td>S. Nasikas - Th. Ntetsika</td>
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<td>11.30-11.45</td>
<td>Introducing and attracting medical students to the world of digestive oncology</td>
<td>O. Lyros</td>
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<td>11.45-12.00</td>
<td>Theoretical education of medical students in digestive oncology: Does it really exist in Greek universities?</td>
<td>A. Theodorou-Kanakari, G. Kalousis, S. Nasikas, Th. Ntetsika, E. Papantoniou, I. Papagiouvanni, A. Petrou</td>
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12.00-13.00 Round table (5)
Diet and CRC: From pathogenesis to prevention and treatment
Sponsored by: x4nutrition
Chairpersons: D. Salviera - B. Govosdis

12.00-12.30 Diet and prevention of colorectal cancer
K. Xenos

12.30-13.00 Nutritional support of patients with advanced colorectal cancer: current aspects / guidelines
D. Karagiannis

13.00 End of Congress