

ESDO TRAINEE FELLOWSHIP REPORT 2016



Name of Fellow: **Rita Vale Rodrigues**
Country of Origin: **Lisboa, Portugal**
Fellowship Institute: **Erasmus University Medical Center Rotterdam, Netherlands**
Fellowship Host: **Professor Marco Bruno**
Date of Fellowship: **April 4 - 29, 2016**

Report:

I've completed a four-week ESDO fellowship on GI-oncology at the Department of Gastroenterology and Hepatology of Erasmus University Medical Center in Rotterdam, under supervision of Dr. Manon Spaander. It was an honour to be one of the recipients of the ESDO fellowship grant 2016. I wanted to have an international training experience following a core belief that we learn through diversity and exposure to different cultures and points of view. With this in mind and for my particular interest in GI-oncology the Department of Gastroenterology and Hepatology of Erasmus MC was the obvious choice.

I'm writing this report to share my experience with ESDO and everyone who likes digestive oncology. In my first day at Erasmus MC Dr. Manon Spaander welcomed me and gave me a structured fellowship plan for the next four weeks. During my stay I had the opportunity to attend and participate in several activities, of which I highlight the following:

- Attend several endoscopic intervention programs including endoscopic ultrasound, ERCP, stent placements, upper and lower EMR and ESD for gastrointestinal neoplasms or premalignant lesions, radiofrequency ablation of Barrett's esophagus, colorectal screening and contrast-enhanced ultrasound of liver;
- Participate in multidisciplinary oncological meetings with oncologists, gastroenterologists, surgeons and radiologists, including the weekly Colorectal, Hepatobiliary and Oesophageal Oncological meetings, in order to plan the best diagnostic, therapeutic and surveillance approach for oncological digestive patients;
- See how they manage clinical research on GI-oncology by observing daily involvement in clinical trials mainly through endoscopic procedures.

I want to express my sincerest thanks to Dr. Spaander, Professor Marco Bruno and all the department staff for the hospitality, kindness and shared knowledge; and to ESDO Governing Board for this gold opportunity and support. ESDO fellowship grant was a great opportunity to improve my skills as a gastroenterologist and certainly I will recommend this experience to all young gastroenterologists who would like to increase knowledge in digestive oncology.

Yours sincerely,

Rita Vale Rodrigues

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