

ESDO TRAINEE FELLOWSHIP REPORT 2020



Name of Fellow: Małgorzata Osmola
Country of Origin: Poland
Fellowship Institute: CHU Nantes
Fellowship Host: **Professor Tamara Matysiak-Budnik**
Date of Fellowship: 14.09.2020-29.01.2021

Report:

My internship in CHU Nantes was an extraordinary experience, even if due to the COVID pandemic it was much more challenging to organise my stay.

I managed to participate in oncological consultations with different specialists focusing on but not limiting their practice to the treatment of gastrointestinal cancers. The team of Service d'Hepatologastroentereologie and Oncologie Digestive in CHU Nantes is a "dream-team", with excellent cooperation, knowledge, and skills in order to provide the best care to patients. Special thanks to Prof. Tamara Matysiak-Budnik who is a first-class mentor, I wish that every trainee gets to know such an inspiring person on the path of their career!

From the practical point of view I managed to deepen my knowledge in:

- diagnosing gastrointestinal tumours with a focus on neuroendocrine tumours according to the newest medical standards with endoscopy and medical imagery (CT scans, PET scans with FDG and F-DOPA/Ga DOTATOC)
- treating GI cancers with different chemotherapy regimens, immunotherapy, targeted therapy according to the newest European guidelines and including patients in the clinical trials.
- organising palliative and supportive care for a patient to improve quality of life
- diagnosing and organising a follow-up of a patient with genetic syndrome (syndrome de Lynch and familial adenomatous polyposis)
- treating neuroendocrine tumours with different treatment modalities- somatostatin analogues, chemotherapy, mTOR inhibitors, locoregional treatment and surgery
- organising and performing basic research to evaluate the pathogenesis of gastric cancer.